

California Preschool Learning Foundations		California Content Standards Kindergarten
Domain: Social-Emotional Development		Domain: Health Education • Mental, Emotional, and Social Health
Strand: Self		Content Area: Mental, Emotional, and Social Health
2.0 Self-Regulation		Standard 4: Interpersonal Communication Standard 7: Practicing Health-Enhancing Behaviors
At around 48 months	At around 60 months	By end of kindergarten
2.1 Need adult guidance in managing their attention, feelings, and impulses and show some effort at self-control.	2.1 Regulate their attention, thoughts, feelings, and impulses more consistently, although adult guidance is sometimes necessary.	Standard 4: Interpersonal Communication 4.1 Show how to express personal needs and wants appropriately Standard 7: Practicing Health-Enhancing Behaviors 7.1 Express emotions appropriately
3.0 Social and Emotional Understanding		Standard 1: Essential Concepts
At around 48 months	At around 60 months	By end of kindergarten
3.1 Seek to understand people's feelings and behavior, notice diversity in human characteristics, and are interested in how people are similar and different.	3.1 Begin to comprehend the mental and psychological reasons people act as they do and how they contribute to differences between people.	1.1 Identify a variety of emotions.
4.0 Empathy and Caring		Standard 6: Goal Setting Standard 7: Practicing Health-Enhancing Behaviors
At around 48 months	At around 60 months	By end of kindergarten
4.1 Demonstrate concern for the needs of others and people in distress.	4.1 Respond to another's distress and needs with sympathetic caring and are more likely to assist.	Standard 6: Goal Setting 6.1 Make a plan to help family members at home. Standard 7: Practicing Health-Enhancing Behaviors 7.2 Describe positive ways to show care, consideration, and concern for others.

Source: The Alignment of the California Preschool Learning Foundations with Key Early Education Resources, CDE, 2012.